

13th Annual

Victory for Victims

5K/10K Walk/Run

Kids Fun Run

Sunday, April 19, 2015

Lake Balboa Park, Encino

NAMED OFFICIAL
COOL-DOWN RACE

  **MARATHON**


Center for
Assault
Treatment
Services

www.abuse-assaultservices.org

Official Training Program
Provided by

FLEET FEET
Sports



Register



REGISTRATION

Online: Register online before midnight April 15
www.abuse-assaultservices.org

BEST WAY

Mail in: Postmarked by April 10

CATS Walk / Run

8210 Etiwanda Ave., Reseda, CA 91335

Download form at www.abuse-assaultservices.org

Packet **Saturday, April 18, Noon – 4 p.m.**

Pick-up: Woodley Park, Encino

Park EAST side of Woodley Ave. (south of Victory)

AVOID THE RACE DAY RUSH — pick up your bib with disposable timing tag and commemorative T-shirt on Saturday!

Race Day: Sunday, April 19, registration opens 6:30 a.m.

— **FREE RACE DAY PARKING** —

West side of Woodley Ave. – South of Victory Blvd.
Enter Woodley from Victory ONLY.

GREAT TIME FOR A GREAT CAUSE

- ◆ Meet Olympic Legend, **Rafer Johnson**
- ◆ **FREE** Food and Drinks
- ◆ **FREE** Massage in the Cool-down Lounge
- ◆ **Exciting** Business, Health & Fitness Expo
- ◆ **Kids Fun Zone:** Karate Demonstrations, Costumed Characters, Face Painting and Balloon Sculptures



RACE DAY SCHEDULE

- 6:30 a.m. Expo & Registration Opens
- 7:00 a.m. Opening Ceremonies/
Aerobic Warm-Up
- 8 a.m. 5K Walk/Run
- 8:30 a.m. 10K River Run
- 9:30 a.m. Awards Ceremony
- 10 a.m. Kids Fun Run

— KIDS FUN RUN —

For Kids 12 and under – 1K (.6 mile) goes around the Expo Area in the park. Parents may accompany small children at no cost.

5K/10K COURSES

Both races start on Woodley Avenue, go through beautiful Lake Balboa Park and cross the Finish Line in Woodley Park to the sound of cheering crowds!

— **BOTH COURSES ARE FAST AND FLAT!** —



Computer chip timing & finish line photos by RaceWire

AWARDS CEREMONY

- Presentation by Olympic Champion **Rafer Johnson**
- ◆ Top Male and Female Finishers
 - ◆ Age Division Awards: Custom designed medals to top three male & female athletes in 14 different divisions of 5K & 10K
 - ◆ Team Awards: Top 3 Finishers Combined Times
Top 3 Largest Race Day Teams
Top 3 Fund-raising Teams

EVENT PROCEEDS

Center for Assault Treatment Services

All proceeds benefit the *Center for Assault Treatment Services (CATS)*, the only program in the San Fernando and Santa Clarita Valleys providing medical evidentiary examinations and forensic interviews to victims of sexual abuse and assault on a 24 hour-a-day, seven day-a-week basis.

ONLINE FUNDRAISING

Make Your Miles Mean Something!

Customize your page and e-mail the link to your friends & family to sponsor you!

www.abuse-assaultservices.org

The dollars you raise will make a difference in the lives of victims. When people understand the impact of their donation, they will be more likely to support you!